

The **National Research Center for Gender Health and Medicine** was founded in 2009 by renowned experts in basic and clinical sciences and management, together with the University Hospital of Padua and the Fondazione Giovanni Lorenzini Medical Science Foundation (Milan - Houston).

Gender Medicine is an interdisciplinary approach to medicine to better evaluate and apply the influence of sex and gender on human physiology and pathophysiology and thus to optimize the approach on the person of the prevention and treatment of diseases.

The objective of the National Research Center is to define promoting lines to join medical experts in motivating a growing knowledge towards information, education, research, and medical approach linked to the gender differences. This approach would be helped by a continuous and active exchange of promotional proposals where the Center represents an area of grouping and evaluation of the gender activities and of their advancement and results in favor of the subjects and of the health organization.

The National Research Center for Gender Health and Medicine is following and evaluating the many gender approaches and activities developed not only in Italy in the last years, and is increasing its experience on the improvement of the primary and secondary medical results of the medical experiences in the years. Many attention is given to the promotional advances of the increasing number of experts who are taking care of the needs and of the not satisfying approaches to decrease the effect on the subjects of a not medical gender prepared and adequate commitment. The direct participation of the Center in many events follows the needs to recognize problems and opportunities linked to the direct approach to the diseased subjects throughout the active commitment of researchers and clinicians.

For the mentioned reason the Center has been open to collaborate with the Italian National Institute of Health and many scientific societies to build and spread a common message that eventually will become the main approach of the modern medicine to the patient.

From the Third National Congress on Gender Medicine held in Padua on October 10-12, 2013 the Center has been confirmed on the developing needs of the gender medicine not only in Italy. The gender medicine now needs to be included and articulated in the daily clinical practice and finally recognized by the organization of the National Health System, and is expected to contribute to the health development in several regions that have already included gender medicine in their regional socio-health plan (PSSR). Gender medicine is not an a specialty on its own, but an extensive approach of every single specialty. Genders are not two but the many conditions in which subjects because of their medical needs are not properly approached and treated in relation to their sex, age, ethnic, social, economic, and lives conditions. The National Research Center for Gender Health and Medicine has the role of stimulating and facilitating the acceptance by all health professionals of gender medicine that, unfortunately, has been for too long forgotten and neglected not only in both basic and clinical research but also in the everyday clinical practice. And that is a new challenge.

The Center of National Health and Gender Medicine is a member of the International Society of Gender Medicine, and the President of the Center is sitting on the board of that organization. The Center is following with the due attention the development of the program of the new nominated Professorship on Gender Medicine in the University of Padua.

Giovannella Baggio
President